



**naturepedic<sup>®</sup>**

**Baby Mattresses**

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**Debra Lynn Dadd**

*author of the first book on toxic chemicals in consumer products*



## About Debra Lynn Dadd Recommended Products

Consumer advocate **Debra Lynn Dadd** has been finding and recommending the least toxic products available in the marketplace for more than three decades, publishing her recommendations first in books and then on the Internet.

She already has—at [www.debraslist.com](http://www.debraslist.com)—the largest and most comprehensive directory of websites that sell the least toxic products that exist today, with 100s of links to 1000s of products in a broad range of categories. Her recommendations are trusted because people who shop on the websites she recommends often experience improvement in their quality of life, and thus continue to seek out and use additional least-toxic products.

Now, **Debra Lynn Dadd Recommended Products** takes Debra's recommendations one step further by **evaluating specific products**.

Unlike seals and certifications, Debra provides a **written Letter of Recommendation and logo** along with a **Materials Review**. The Review describes in detail **why she considers the product to be unlikely to do harm to the consumer under normal use**.

[www.debralynndadd.com/recommended-products](http://www.debralynndadd.com/recommended-products)



## Debra Lynn Dadd Recommended Products

# LETTER OF RECOMMENDATION

### Naturepedic Baby Mattresses

Naturepedic | Chagrin Falls, Ohio 44023 USA | Naturepedic.com

Valid from 3/1/16 to 3/1/17

To Whom It May Concern:

I have reviewed the materials used to make the following listed products, based on information provided to me by the manufacturer and available publicly on their website. I used publicly available scientific data on the possible health effects of each material to determine that these products meet my personal standards, based on 30+ years of experience as a consumer advocate for least-toxic products. Further details are in the attached Materials Review.

- **Organic Bassinet, Cradle & Mini-crib Mattresses**
- **Organic Baby Crib Mattresses**
  - o No-Compromise Organic Cotton Lightweight Mattresses
  - o No-Compromise Organic Cotton Classic Mattresses
  - o No-Compromise Organic Cotton Ultra Mattresses
  - o No-Compromise Organic Cotton Ultra Breathable Mattresses
  - o No-Compromise Organic Cotton Quilted Deluxe Mattresses
  - o No-Compromise Organic Cotton 2-in-1 Ultra Mattresses
- **Organic buybuy Baby Naturepedic Mattresses**

I charge fees for my work reviewing materials, writing the Materials Review, and for the right to publicly display the Debra Lynn Dadd Recommended Products logo, Letter of Recommendation and Materials Review on the manufacturer's website and other promotional materials. Naturepedic has paid these fees.

Debra Lynn Dadd

[www.debralyndadd.com/recommended-products](http://www.debralyndadd.com/recommended-products)



## Debra Lynn Dadd Recommended Products

# MATERIALS REVIEW

### Naturepedic Baby Mattresses

Naturepedic, Chagrin Falls, Ohio 44023 USA | Naturepedic.com

Valid from 3/1/16 to 3/1/17

*I have asked the manufacturer for a list of all materials used, and the manufacturer has acknowledged that all materials have been provided for my evaluation.*

The purpose of this Materials Review is to show that the materials used to make the products I recommend are unlikely to do harm to the consumer of the products under normal use.

I have been recommending Naturepedic mattresses on my Debra's List website ([www.debraslist.com](http://www.debraslist.com)) since I became aware of the company in 2008.

Founder Barry Cik is a Board Certified Environmental Engineer who has been chasing toxic chemicals for more than thirty years. He is also a Certified Hazardous Materials Manager and a Certified Diplomate Forensic Engineer. When his first grandchild was born, Barry couldn't find a mattress that met his standards for his grandchild to sleep on, so he made one. Thus Naturepedic was born.



I have evaluated the materials used to make Naturepedic mattresses and found them to be among the least toxic materials that I know of that can be used to make crib mattresses. The company's "no compromise" approach has led them to use only

materials not likely to do harm in innovative ways that also achieve the practical and regulatory requirements of crib mattresses.

One example of their materials innovation is the use of food-grade polyethylene made without harmful chemicals for the waterproof layer of their mattresses instead of the usual polyvinyl chloride (PVC), perfluorinated compounds or polyurethane. The company received a patent for using food-grade polyethylene for waterproofing a mattress. (Food-grade means it can be used in contact with food.)

In addition, Naturepedic materials and manufacturing processes have been independently certified to strict nontoxic standards by third party organizations.

Naturepedic is certified by the **Global Organic Textile Standard (GOTS)** as a **certified organic mattress manufacturer and facility**. This provides assurance that the certified organic fiber-based products meet the GOTS organic and nontoxic standards.

That said, in order to make these fiber-based mattresses, materials other than fibers are also needed. So a GOTS-certified “organic mattress” is actually made from certified organic cotton fibers plus other materials (called “GOTS accessories”) that are approved per the GOTS standard.

*All Naturepedic mattresses are certified organic per GOTS.*

The following materials are used in Naturepedic baby mattress models:

- GOTS Certified Organic Cotton
- GOTS Certified Organic Kapok (silk cotton)
- Food-grade Polyethylene (PE)
- Steel
- Other Materials: Non-GMO polylactide (PLA), polypropylene, and polyester—these materials are considered by GOTS to be sufficiently nontoxic for use in an organic mattress.

To the best of my knowledge, this is the complete list of materials used to make the products listed in the Recommendation.

All mattresses are required to meet Federal and State flammability requirements. Naturepedic has eliminated the need for fire retardant chemicals and barriers in their products, while still meeting all Federal flammability standards.

All Naturepedic mattresses are made in the USA of domestic and imported fiber, fabrics and other components. All fibers, fabrics, and other materials that can be sourced in the USA are sourced in the USA. Those materials that cannot be sourced in the USA are GOTS-approved.

All mattresses are protected from exposure to toxic chemicals during shipping by food-grade polyethylene bags.

I personally have visited their manufacturing facility. There are no assembly lines. A team of real people work cooperatively together to cut, sew, construct, inspect and pack each mattress, using low-tech machines as well as various hand tools.

The environment is clean and fragrance-free. No toxic cleaners, pesticides, or other toxic chemicals are used in the building.

Naturepedic does not use the following materials commonly found in mattresses:

- Polyurethane foam and associated fire retardants
- Vinyl and associated phthalates
- Antimony
- Perfluorinated compounds
- Formaldehyde
- Pesticides
- GMOs
- Adhesives

After visiting their facility and examining their products, reviewing their website and certifications, and speaking with the owners and staff, **I recommend the Naturepedic products listed in my Letter of Recommendation as products that are unlikely to do harm to the consumer under normal use.**



Debra Lynn Dadd

## **DISCLAIMER**

The purpose of this Product Recommendation is simply to make known that the recommended products do not contain materials that may do harm, to the best of my knowledge. I speak not as a scientist or toxicologist, but as an educated consumer advocate. I am not a medical doctor and I am not giving medical advice. My intent in providing this Product Recommendation is simply to offer you information that may help you, in your own choice to eliminate toxic exposures from your life.